Continuous Diffusion of Oxygen Adjunct Therapy to Improve Scar Reduction after Cervicotomy

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Background

Scar formation

Significance

- Physiological and psychological concerns
- Long-term functional problems
- Infection and wound breakdown

Strategies

- Intra-operative wound closing materials
- Post-operative dressing materials
- Long-term dermatologic products

Cervicotomy (anterior neck surgery) for hyperthyroidism



Background



Surgery. 2013 Mar;153(3):408-12. doi: 10.1016/j.surg.2012.08.063. Epub 2012 Dec 20.

Adhesive strip wound closure after thyroidectomy/parathyroidectomy: a prospective, randomized controlled trial.



WOUND CLOSURE AFTER THYROID AND PARATHYROID SURGERY: A META-ANALYSIS OF RANDOMIZED CONTROLLED TRIALS

Y.-H. Huang¹, C. Chen¹, C.-H. Lee^{2,3,4}, E.-W. Loh^{5,6}, K.-W. Tam^{5,6,7,8,9}

- **Outcomes:** pain, patient satisfaction, cosmetic appearance
- No significant differences upon outcome evaluation

A blinded, randomised, controlled trial of stapled versus tissue glue closure of neck surgery incisions

DM RIDGWAY¹, F MAHMOOD¹, L MOORE², D BRAMLEY¹, PJ MOORE¹





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Aesthetic comparison between synthetic glue and subcuticular sutures in thyroid and parathyroid surgery: a single-blinded randomised clinical trial

Confronto del risultato estetico tra colla sintetica e suture intradermiche nella chirurgia tiroidea e paratiroidea: una sperimentazione clinica in singolo cieco



Background

Continuous Oxygen Therapy

Current evidence The role of oxygen in wound healing (Dissemond, 2015) Topical Topical Other Hemoglobin Continuous Pressurized Oxygen or other Oxygen Oxygen Dressings oxygen carrier Anti-microbial action Outside, topically Energy metabolism -converted to -production of high superoxide ion and energy phosphates other reactive Oxygen oxygen species Collagen synthesis -hydroxylation of proline and lysine Neovascularization in procollagen -induces VEGF (Woo, 2012) Hyperbaric Normobaric From the Inside, via Circulation Oxygen Therapy **Oxygen Therapy** Majority for lower extremity wounds • Upper body has not been assessed ٠ Baylor MICHAEL E. DEBAKEY DEPARTMENT OF College of SURGERY Medicine

The purpose of this study is to examine the effectiveness of CDO to reduce scar length post cervicotomy

Methods

- Design: 4 weeks RCT
- **Participants:** 21 patients undergoing cervicotomy for thyroid or parathyroid disease, 5 lost to follow up, leading to **a total of 16 patients.**
- Groups:
 - Intervention (n=9): CDO device
 - Control (n=7): standard of care
- Intervention:
 - Treatment location: over neck incision cite
 - **Intensity:** 5 ml/hr in a pure continuous flow
 - Frequency: 24 hrs/7 days per week
 - **Duration of therapy:** 4 weeks

Primary outcomes:

- >10% scar reduction
- Change in wound size





| Participant's characteristics | Control (n = 7) | Intervention (n = 9) | p-value | | | |
|------------------------------------------------------------|--------------------|-------------------------|---------|--|--|--|
| Age (years) | 44.3 ± 6.6 | 64.0 ± 2.6 | 0.024 | | | |
| Female (n) | 7 (100) | 7 (77.7) | 0.47 | | | |
| BMI (kg/m²) | 32.7 ± 2.9 | 32.5 ± 2.6 | 0.96 | | | |
| Thyroid disease (n) | 4 (57.1) | 3 (33.3) | 0.61 | | | |
| Parathyroid disease | 3 (42.8) | 6 (66.7) | 0.61 | | | |
| Diabetes | 2 (22.2) | 5 (41.7) | 0.36 | | | |
| Hypertension | 4 (57.1) | 6 (66.7) | 1 | | | |
| hyperlipidemia | 2 (28.5) | 3 (33.3) | 1 | | | |
| Daily prescribed meds | 5 ± 4.5 | 6.5 ± 3.5 | 0.95 | | | |
| Frail | 1 (14.2) | 2 (22.2) | 1 | | | |
| Incision length, cm | 5.2 ± 0.6 | 4.4 ± 0.4 | 0.31 | | | |
| Wound SatO2, % | 59.3 ± 3.1 | 60.6 ± 2.1 | 0.73 | | | |
| Values are presented as mean + standard deviation or n (%) | | | | | | |

Values are presented as mean ± standard deviation or n (%).





Primary Outcomes

>10% scar length reduction



➢At 4 weeks, 77.7% of IG achieved more than 10% of scar reduction compared to the CG (28.5%).

Change in wound size





Sub-analysis Scar reduction



Parathyroid





Results Hyperthyroidism cases

Intervention case: Total thyroidectomy 61 years old female



Scar reduction -14.5%

Control case: Total thyroidectomy 30 years old female



Results

Hyperparathyroidism cases

Intervention case: Partial parathyroidectomy 45 years old female



Control case: Partial parathyroidectomy 65 years old female

Conclusions

- This is the first study to assess scar reduction with the use of CDO adjunct therapy after cervicotomy.
- Results suggest a trend that advanced dressing using CDO may improve wound healing post cervicotomy including better outcomes for scar visualization.
- We speculate that reduced scar in the IG is due to early oxygenation and higher tissue moisture in response to CDO, which are known factors to accelerate healing.
- A larger sample is required to validate this observation.







Thank you



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Additional outcomes

| | IG | CG | % | P-value | Cohen's d |
|-------------|------------|-------------|---------|---------|-------------|
| | 10 | 69 | /0 | F-value | Collell 5 u |
| Overall | 2.7 ± 5.8 | 11 ± 4.7 | -75.4 | 0.29 | 0.55 |
| Thyroid | 9.6 ± 11.7 | 7.2 ± 2.6 | 33.33 | 0.82 | 0.17 |
| Parathyroid | -0.7 ± 6.9 | 16.1 ± 11.0 | -104.34 | 0.21 | 0.96 |



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Intervention cases:

NIR Spectroscopy

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(Additional slide)

%52



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