

A woman with blonde hair, wearing a light blue long-sleeved shirt and light blue pants, is sitting outdoors on a grassy area. She is holding her right knee with both hands, suggesting she is experiencing pain or discomfort. The background is a blurred green field with trees. A white banner with a torn edge is overlaid on the image, containing the text "PAIN AWARENESS MONTH" in a large, hand-drawn, black-outlined font, and "SEPTEMBER" in a smaller, similar font below it.

PAIN AWARENESS MONTH

SEPTEMBER